

Thanks to your support we are pleased to announce that these programmes are sticking around for another 2 years!

With **continued funding from the Ministry of Education**, programmes are available for year 6 - 11 students, to compliment your school delivery of the Health and Physical Education Curriculum.

Based at a ropes course near you, the three available programmes work within the level 3, 4 or 6 PE curriculum, while also aiding in your schools delivery of the New Zealand Curriculum's Key Competencies. Popular venues include the Christchurch, Geraldine or Rolleston Ropes Course,

Both programmes will be facilitated by Horizons Unlimited staff and are subsidised through the Ministry of Educations LEOTC funding scheme, reducing the cost of each programme to your school.

Costs: The cost per student for each of these programmes is \$10.00 inc gst plus any transport required to and from the chosen ropes course

Relationship to Key Competencies

Managing Self

Students will identify their own strength, and values and how this corresponds with those around them "knowing who they are and where they fit in". Students will develop an understanding of ways to interact appropriately and productively with others.

Relating to Others

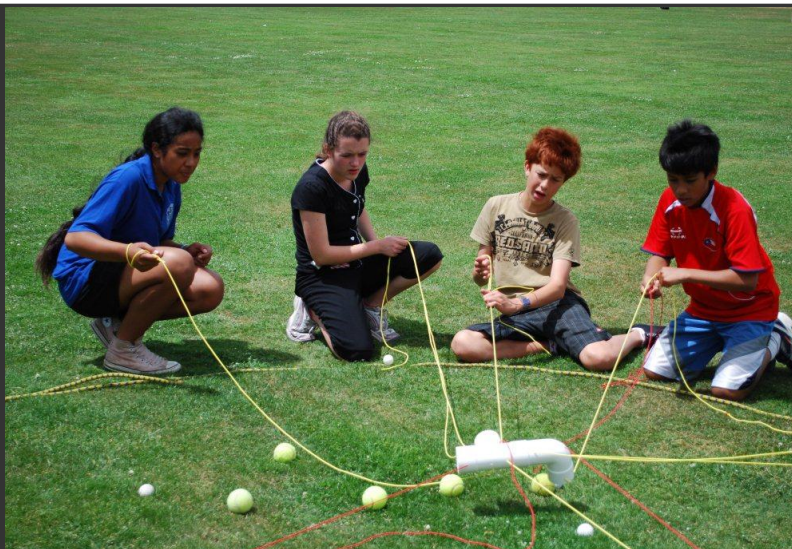
Through a range of co-operative and activities students will be encouraged to develop ways to communicate effectively, and work together towards team success.

Participating and Contributing

Students will participate in a range of activities which require team members to actively participate and work together, utilising the diversity amongst their team to succeed.

Thinking

Students will participate in a range of problem solving activities requiring them to share ideas, think outside the square and utilise the ideas of others.



Year 6 / 7 Team Building

Students will work their way through a range of low ropes course, and co-operative activities in small teams of approx. 10; this is an opportunity to establish team roles and relationships.

During this time students will participate in 1 – 2 activities where competition is set up amongst team members. These activities will be reviewed to explore the affect this competition had on the team and its members.

From the day's activities students will build a an easy to understand model on how team work, which students and teachers can refer to in the future

This programme is largely low ropes course based but at selected ropes courses includes the flying kiwi high ropes activity, where students are required to help and support each other for any individual to succeed.

Targeted Curriculum Strands

(Health and Physical Education – Level 3)
Challenges and Social and Cultural Factors
Relationships

Price Per Student \$10.00 inc GST

Year 8 / 9 Personal Development

During this one day programme students will learn skills and develop new ways of thinking to help them to challenge and extend themselves.

Students will also have the opportunity to support other members of their team to succeed through a range of challenges which will be presented during the day.

Throughout the day students will review the aspects of the team and of themselves which have enabled them to achieve and how these might be used in the future.

This programme incorporates both high and low ropes course activities.

Targeted Curriculum Strands

(Health and Physical Education – Level 4)
Positive Attitudes
Relationships

Price Per Student \$10.00 inc GST

For Christchurch Schools

We understanding that accessing off site learning experiences is currently more difficult than in the past. Give us a call to see how we can help; in many cases we can bring the programme to you.



Year 10 / 11 Team Challenge

During the morning students will participate in a range of physically challenging team activities based in the low ropes course. These activities will provide students with the opportunity to explore the types of behaviours and attitudes which enable their team to succeed.

Students will then have the opportunity to put these skills into practice through a range of high ropes course team activities.

Teams will set goals about their desired level of achievement during the high ropes component of the day. Achieving these goals may require added effort or compromise for some team members.

Each student will work in a small team of 10 – 12 participants and will be supported throughout their day by a trained Horizons Unlimited facilitator.

Targeted Curriculum Strands

(Health and Physical Education – Level 6)

Positive Attitudes

Interpersonal Skills

Price Per Student \$10.00 inc GST

What Others Have Said:

“Students enjoyed the day immensely; activities were fun but also challenged students physically and mentally”

“When discussing the day back at school, students were able to relate the experiences into our unit, they all enjoyed the day”

Also Helpful In Gathering Evidence Towards:

AS90071 - Demonstrate interpersonal skills and describe their effects on the functioning of a group or team.

AS90524 - Demonstrate quality movement in the performance of a physical activity.

AS90067 - Participate in physical activities and describe how this influences wellbeing.

US470 - Demonstrate personal and social development through participation in a low ropes course programme

US467 - Demonstrate personal and social development through participation in adventure based learning

As well as other unit standards.

For more information
Or to book your programme:

Phone 03 384 0384

Email: gemma@horizons.co.nz

Web: www.horizons.co.nz



MINISTRY OF EDUCATION

Te Tāhuhu o te Mātauranga

